

**Mike Lillestol, MD, FACP**

**ima | Healthcare**  
Internal Medicine Associates

*Embracing the personal side of medicine.*

1707 Gold Drive South | Fargo, North Dakota  
701.280.2033 | [www.imahealthcare.com](http://www.imahealthcare.com)



*IMA physician who specializes  
in osteoporosis, diabetes and  
heart disease.*

***Education***

**University of Minnesota  
Medical School**

Doctorate in Medicine - 1974

**University of North Dakota**

B.S. in Medicine - 1973

**North Dakota State University**

B.S. in Pharmacy - 1970

***Residency Training***

**Abbott-Northwestern Hospital  
Minneapolis, MN**

Internal Medicine - 1977

***Academic & Administrative***

**Professor**

University of North Dakota  
School of Medicine

**President**

Heartland Independent Providers Network

***Research Interests***

Osteoporosis

***Licensure & Board Certification***

**Board Certified 1977**

American Board of Internal Medicine

**License**

Minnesota and North Dakota

**Certified by the American College of Cardiology  
for Electrocardiography Examination (EKGEXAM)**

**BLS/ACLS Certified**

**Registered Pharmacist**

Minnesota and North Dakota

***Awards & Honors***

**North Dakota Diabetes Care Provider  
Achievement Award**

2002, 2003, 2004

**North Dakota Diabetes Care Provider  
Gold Achievement Award**

2005, 2006

**UND School of Medicine and Health  
Sciences Dean's Recognition Award**

2005

**Fellow, American College of Physicians**

1993

**Voted "Top Doc" FM Today Magazine**

**In Geriatrics and Internal Medicine**

January 2001

**In Geriatrics and Internal Medicine**

January 2002

*Brent Hella, MD*

***Education***

**University of North Dakota  
School of Medicine**  
Medical Degree - 1996

**University of Minnesota**  
Bachelor of Science degree in Biology - 1992

***Residency Training***

**Abbott-Northwestern Hospital  
Minneapolis, Minnesota**  
Internal Medicine Residency - 1999

***Research Interests***

Obesity  
Diabetes  
Valley Bariatric Clinic

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*IMA physician who specializes  
in disease management with a  
special interest in diabetes and  
weight loss management.*

***Licensure & Board Certification***

**American Board of Internal Medicine**  
Board Certified 1999

**American Board of Bariatrics**  
Board Certified 2005

**American Medical Association**

**American College of Physicians**

***Awards & Honors***

**Provider Gold Achievement Award**

**2005, 2004: Excellence in Patient  
Management by North Dakota  
Department of Health, Diabetes  
Prevention and Control Programs**

*Steven G. Clemenson, MD*

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*IMA physician specializing in  
Internal Medicine and  
Non-Invasive Cardiology.*

*Education*

**St. Louis University Medical School**  
**St. Louis, Missouri**  
Medical Doctor - 1984

**University of North Dakota**  
**Grand Forks, North Dakota**  
Bachelor of Arts degree  
in Natural Science - 1980

*Residency Training*

**Hennepin County Medical Center**  
**Minneapolis, Minnesota**  
Non-Invasive Cardiology - 1987 to 1988

**Hennepin County Medical Center**  
**Minneapolis, Minnesota**  
Resident and Chief Resident in  
Internal Medicine - 1984 to 1988

*Work Experience*

**Internal Medicine Associates**  
**Fargo, North Dakota**  
Internal Medicine Physician

**MeritCare Health System**  
1988-2008

*Academic & Administrative  
Appointments*

**University of North Dakota Medical School**  
**1998 to Present**  
Clinical Assistant Professor of Medicine

**Centricity Healthcare Users Group**  
(national users group for GE Centricity EMR)  
President Elect, President & Past President  
2001 to 2005 Active 1997 to Present

**American College of Physicians**

**Bush Fellow in Biomedical Informatics**  
**2000 to 2002**  
Decision Systems Group  
Harvard Medical School and MIT

*Rodney Ludwig, MD*

*Education*

**University of North Dakota**  
**School of Medicine**  
Medical Degree - 1978

*Residency Training*

**University of North Dakota**  
**Affiliated Hospitals**  
Internal Medicine

**VET AFFRS MED & REG OFF CTR**  
Internal Medicine

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*IMA Internal Medicine  
physician who specializes in  
Colonoscopies and  
Upper Endoscopies.*

*Licensure & Board Certification*

**Board Certified 1977**  
American Board of Internal Medicine

**Mark G. Yohe, MD**

***Education***

**SABA University School of Medicine**  
**Saba, Netherlands-Antilles**  
Medical Doctor - 2005

**Concordia College**  
Bachelor of Arts degree in  
Business Administration - 2001

***Residency Training***

**University of North Dakota**  
**School of Medicine and Health Sciences**  
Internal Medicine - 2005

***Work Experience***

**Internal Medicine Associates**  
**Fargo, North Dakota**  
Internal Medicine Physician

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*IMA physician who specializes in men's health and chronic disease management with a special interest in joint injections and arthritis.*

***Awards & Honors***

**University of North Dakota**  
**School of Medicine and Health Sciences**  
Chief Resident - 2008

**SABA University School of Medicine**  
**Saba, Netherlands-Antilles**  
Honor's List - 2001 to 2005

**Red River Valley Sports Medicine**  
**Fargo, North Dakota**  
Red River Valley Sports  
Medicine Scholarship - 1997

*David Paul Baumgardner, MD*

**Education**

**University of North Dakota  
School of Medicine  
Grand Forks, North Dakota**  
Ph.B. Natural Science - 1965  
Ba. Science in Medicine - 1968

**Ohio State University**  
Medical Degree - 1970

**Certifications**

**American Board of Internal Medicine - 1973**  
Re-certified in 1980

**American Medical Association**

**American College of Physicians**

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*IMA board-certified physician  
with more than 30 years  
of experience.*

**Residency Training**

**Brooke Army Medical Center  
Fort Sam Houston  
San Antonio, Texas**  
Straight Internal Medicine - 1970 to 1971

**Madigan Army Medical Center  
Fort Lewis  
Tacoma, Washington**  
Internal Medicine Residency - 1971 to 1973

**Ireland Army Hospital  
Fort Knox, Kentucky**  
Staff Internist - 1973 to 1975

**Awards & Honors**

**Teacher of the Year, 1990 - 1991**  
MeritCare Outstanding Physician

**Outstanding Clinical Instructor 1980 - 1981**  
UND Internal Medicine

*Lindsay Vettleson, Dietitian*

*Education*

**North Dakota State University**  
**Fargo, North Dakota**

Bachelors of Science in Health,  
Nutrition and Exercise Sciences - 2003

*Certifications*

**Certified Personal Trainer**  
**CPR and AED**

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*IMA licensed Registered Dietitian  
and certified Personal Trainer.  
I specialize in diabetes  
and weight loss.*

*Professional Societies*

**Fargo-Moorhead Dietetic Association**

*Susan J. Hanson, PA-C*

***Education***

**Marywood University  
Scranton, Pennsylvania**

Bachelors of Science in Physician  
Assistant Studies - 2004

**University of Nebraska  
Omaha, Nebraska**

Masters of Science in Exercise Science - 1996

**North Dakota State University  
Fargo, North Dakota**

Bachelors of Science in CCF - 1993

***Certifications***

**American College of Sports Medicine  
Exercise Specialist**

**Advanced Cardiac Life Support**

**Basic Life Support/First Aid**

**Certified Insulin Pump Trainer**

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*IMA Physician Assistant who specializes in women's health and prevention of diseases including a special interest in diabetes education.*

***Professional Studies***

**AACVPR/UPCRA**

**American College of Sports-Medicine**

***Presentations***

**Pulmonary Inspirations Patient  
Education Conference - 2000**

**AACVPR National Conference - 1999**

**Heart at Home Regional Workshop - 1998**

**Rural Health Conference - 1998**

**MeritCare Cardiopulmonary  
Rehabilitation Workshop - 1997**